



John Doyle Injury Prevention Fitness program

Mondays/Thursdays @ Mustang Soccer Complex

4:00 - 5:15pm Ages: 8-11 5:30 - 6:45pm Ages: 12-14

Spring Session (Mondays and Thursdays) - 10 Week session

March 6, 9, 13, 16, 20, 23, 27, 30

April 10, 13, 17, 20, 24, 27

May 1, 4, 8, 11, 15, 18 Mondays and Thursdays : \$300 (20 sessions) Mondays only : \$150 (10 sessions) Thursdays only : \$150 (10 sessions)

Participants need to bring a yoga mat and it can be purchased ahead of time for \$20.

Future Sessions

Summer Session (Tuesday/Thursday) - 8 week session -Times TBD

July 11, 13, 18, 20, 25, 27

August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Fall Session (Monday/Thursday) - 10 week session - Times TBD

September 11, 14, 18, 21, 25, 28 October 2, 5, 9, 12, 16, 19, 23, 26, 29

November 2, 6, 9, 13, 16

Summer/Fall : \$450

Summer only: \$240

Fall only: \$300

Fall only: 1x week: \$150 (10 sessions)

Registration: You can fill out the attached form and send this to the address listed below or you can use your credit card to register through www.sportability.com/johndoyle

If you have any questions, please call Fred Wilson at 925-759-6267 or send an e-mail to johndoylesoccer@aol.com



I hereby give permission for any and all medical attention to be administered to my child/children _____ in the event of accident, injury, sickness, etc. under the direction of John Doyle Soccer until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment.

Age of Player: _____

Date: _____

Parent Name: _____ Cell _____ Home _____

Email _____

Parent Name: _____ Cell _____ Home _____

Email _____

Insurance Company: _____

Policy Number: _____

Physician: _____ Phone Number: _____

Parent Signature: _____